

# YOGA

AT

# MOZBEATFEST

## 2019 // 2020



*Vinyasa Flow classes*

Awaken your mind,  
recover from your  
hangover and get  
your body ready for  
some dance moves  
tonight!

## The schedule:

Fri. 20.12	17:30 - 18:30 hrs (Martina)	Sun. 29.12	09:30 - 10:30 hrs (Martina)
Sat. 21.12	17:00 - 18:00 hrs (Martina)		17:00 - 18:00 hrs (Martina)
Sun. 22.12	09:30 - 10:30 hrs (Martina)	Mon. 30.12	09:30 - 10:30 hrs (Michelle)
Mon. 23.12	07:00 - 08:00 hrs (Michelle)	Tue. 31.12	17:00 - 18:00 hrs (Caitlin)
	17:30 - 18:30 hrs (Martina)	01.01.2020	<i>no yoga today, only dancing!</i>
Tue. 24.12	17:00 - 18:00 hrs (Caitlin)	Thu. 02.01	09:30 - 10:30 hrs (Michelle)
Wed. 25.12	17:00 - 18:00 hrs (Donna)	Fri. 03.01	07:00 - 08:00 hrs (Michelle)
Thu. 26.12	07:00 - 08:00 hrs (Donna)		17:30 - 18:30 hrs (Martina)
	17:00 - 18:00 hrs (Donna)	Sat. 04.01	17:00 - 18:00 hrs (Michelle)
Fri. 27.12	07:00 - 08:00 hrs (Donna)	Sun. 05.01	09:30 - 10:30 hrs (Martina)
	17:00 - 18:00 hrs (Donna)		
Sat. 28.12	17:00 - 18:00 hrs (Donna) @ the beach		

*Leaving at 16:45 hrs from Mozambeats*



*350 mts per class*

**YOGA MATS AVAILABLE ✨ PRIVATE CLASSES ON REQUEST**  
**EVERY THURSDAY MASSAGE SPECIAL (30 min. for 600 mts)**